



## Gluten Free Menu

SERVED FROM 12 MID-DAY

*While you wait...* Marinated Olives £4.00  
Oysters one £3.50 / four £12.00

### Tapas

Choose a selection to share as Tapas, or your own as a Starter.

<b>Chicken &amp; Chorizo Pincho's</b> Chipotle Mayo.	£9.50	<b>Patatas Bravas v</b> Spicy Sauce	£5.00
<b>King Prawns</b> Chilli, Garlic	£10.00	<b>Heirloom Tomato Salad v</b> Basil, Pesto, Bocconcini	£6.00
<b>Calamari</b> Chilli, Sea Salt, Black Pepper, Lemon Aioli	£7.00	<b>Small Moules</b> Steamed Mussels, Garlic, Cream, Herbs	£7.00

### Main Plates

<b>Seabass</b> Pan Fried With Lemon, Garlic, Herbs. Asparagus, Vine Tomatoes, Watercress, Crushed Potato.	£16.00	<b>Lamb Cutlets</b> Seasoned with Hariffa, Saffron Rice, Salad and your choice of sauce.	£22.00
<b>Moules Frites</b> Steamed Mussels, Garlic, Cream, Herbs, Fries, Homemade Za'atar Bread	£14.50	<b>Mixed Grill</b> Chicken Shish, Lamb Cutlets, Lil Bunless Burger, Saffron Salad, and your choice of sauce.	£25.00
<b>Bhudda Bowl v</b> Sticky Japanese Rice, Edamame Beans, Spinach, Asparagus, Marinated Silken Tofu, Falafel, Pomegranate, Seeds	£12.00	<b>Chicken Breast</b> Creamy, White Wine, Wild Mushroom Sauce, Herbs. Saffron Rice or Chunky Chips.	£16.00
<b>Chicken Shish</b> Saffron Rice, Salad and your choice of sauce.	£17.00	<b>6oz 28 Day Aged Beef Fillet</b> £22.00 <b>8oz 28 Day Aged Beef Fillet</b> £28.00 <b>18oz 28 Day Aged Ribeye</b> £34.00 Served With Watercress, Vine Tomatoes, Fries, Garlic And Herb Butter. Peppercorn Sauce £2.00 Mushroom Sauce £2.00	

### Sushi

All made fresh In-house daily. When it's gone, it's gone!

<b>Tempura King Prawn</b> Spring Onion, Bonito Flakes, Chipotle Mayo, Yuzu mayo, Teriyaki Glaze	£10.00
<b>Salmon Belly Maki Roll</b> Yuzu Mayo, Chive, Cucumber, Salmon Caviar.	£9.50
<b>Quinoa Reverse Roll v</b> Red Quinoa, beetroot, avocado, carrot, cucumber, soy.	£10.00

*If you have any special dietary requirements or allergies please notify a member of our team.*

### Salads

<b>Caesar Salad</b> Lettuce, anchovies, croutons, Caesar sauce, parmesan.	£6.50
<b>Add Chicken</b>	£4.00
<b>Caprese</b> Sliced tomato, burrata, basil, pesto, olive oil.	£9.00
<b>Super Green v</b> Edamame, Asparagus, Fennel, Lettuce, Heirloom Tomatoes, Watercress, Pesto, Pomegranate.	£8.00
<b>Add Smoked Salmon</b>	£5.00



## Vegan Menu

SERVED FROM 12 MID-DAY

### Tapas

<b>BAO Bun</b>	£7.00
BBQ Jackfruit, Lettuce, Spring Onion, Coriander, Nuts, Thai Dressing.	
<b>Patatas Bravas</b>	£5.00
Spicy Sauce	

### Main Plate

<b>Bhudda Bowl</b>	£12.00
Sticky Japanese Rice, Edamame Beans, Spinach, Asparagus, Marinated Silken Tofu, Falafel, Pomegranate, Seeds	

### Salads

<b>Super Green</b>	£8.00
Edamame, Asparagus, Fennel, Lettuce, Heirloom Tomatoes, Watercress, Pesto, Pomegranate.	

### Sushi

All made fresh In-house daily.  
When it's gone, it's gone!

<b>Tofu Roll</b>	£8.50
Tofu, tomato, cucumber, yuzu mayo crispy shallots, siracha.	
<b>Quinoa Reverse Roll</b>	£10.00
Red Quinoa, beetroot, avocado, carrot, cucumber, soy.	

*If you have any special dietary requirements or allergies please notify a member of our team.*